

## MICROSOFT EXCEL BY EXAMPLE I

### Requests

1. Open the **Formulas\_DB.xls** file. Copy all data into a new Excel file and save the file as **Supp\_PA5.xlsx** in **Lab05** folder.

1. Formatting the columns according with the type of variables as **Text OR Number without decimals**.
2. Insert to the right of the column 'Year of diagnosis' a new column named 'Years from diagnosis'.
3. Display for each student, using a formula, how many years passed from the diagnosis
4. Insert to the right of DBP column a new column named MAP-1 (Mean Arterial Pressure) and compute for each patient the MAP using the following formula (**Building formula by using Relative References**):

$$\text{MAP-1} = \text{DBP}(\text{mmHg}) + 1/3 * [\text{SBP}(\text{mmHg}) - \text{DBP}(\text{mmHg})]$$

MAP is considered to be the perfusion pressure seen by organs in the body and takes normal values between 70 to 110 mmHg.

5. Insert to the right of MAP-1 column a new column named PP (Pulse Pressure) and compute for each patient the PP using the following formula (**Building formula by using Relative References**):

$$\text{PP} = \text{SBP}(\text{mmHg}) - \text{DBP}(\text{mmHg})$$

1. Insert to the right of PP column a new column named MAP-2 (Mean Arterial Pressure) and compute for each patient the MAP-2 using the following formula (**Building formula by using Relative References**) [1]:

$$\text{MAP-2} = \text{DBP}(\text{mmHg}) + 0.412 * \text{PP}(\text{mmHg})$$

1. Insert to the right of MAP-2 column a new column named MAP-3 (Mean Arterial Pressure) and compute for each patient the MAP-3 value using the following formula (**Building formula by using Relative References**) [2]:

$$\text{MAP-3} = \text{DBP}(\text{mmHg}) + 0.33 * \text{PP} + 5(\text{mmHg})$$

2. Insert to the right of MAP-3 column a new column named AM (Arithmetic mean of systolic and diastolic arterial pressure) and compute for each patient the AM value using the following formula (**Building formula by using Relative References**):

$$\text{AM} = (\text{SBP} + \text{DBP})/2$$

3. Insert to the right of AM column, a new column named GM (geometric mean of systolic and diastolic arterial pressure) and compute for each patient the GM value using the following formula (**Building formula by using Relative References**):

$$\text{GM} = \sqrt{(\text{SBP} * \text{DBP})}, \text{ where the function for root in Excel is SQRT}$$

4. Insert to the right of GM column, a new column named HM (harmonic mean of systolic and diastolic arterial pressure) and compute for each patient the HM value using the following formula (**Building formula by using Relative References**):

$$\text{HM} = [2 * (\text{SBP} * \text{DBP})] / (\text{SBP} + \text{DBP})$$

5. Insert to the right of HM column, a new column named QM (quadratic mean) and compute for each patient the value using the following formula (**Building formula by using Relative References**):

$$\text{QM} = \sqrt{[(\text{SBP}^2 + \text{DBP}^2)/2]}$$

6. Find our the utility and interpretation of these indicators.
7. Save the file and close all applications!

<sup>1</sup> Meaney E, Alva F, Meaney A, Alva J, and Webel R. Formula and nomogram for the sphygmomanometer calculation of mean arterial pressure. Heart 2000;84:64.

<sup>2</sup> Chemla D, Hebert JL, Aptekar E, Mazoit JX, Zamani K, Frank R, Fontaine G, Nitenberg A, and Lecarpentier Y. Empirical estimates of mean aortic pressure: advantages, drawbacks and implications for pressure redundancy. Clin Sci 2002;103:7-13.